

Help kids reach every Smilestone.

Birth



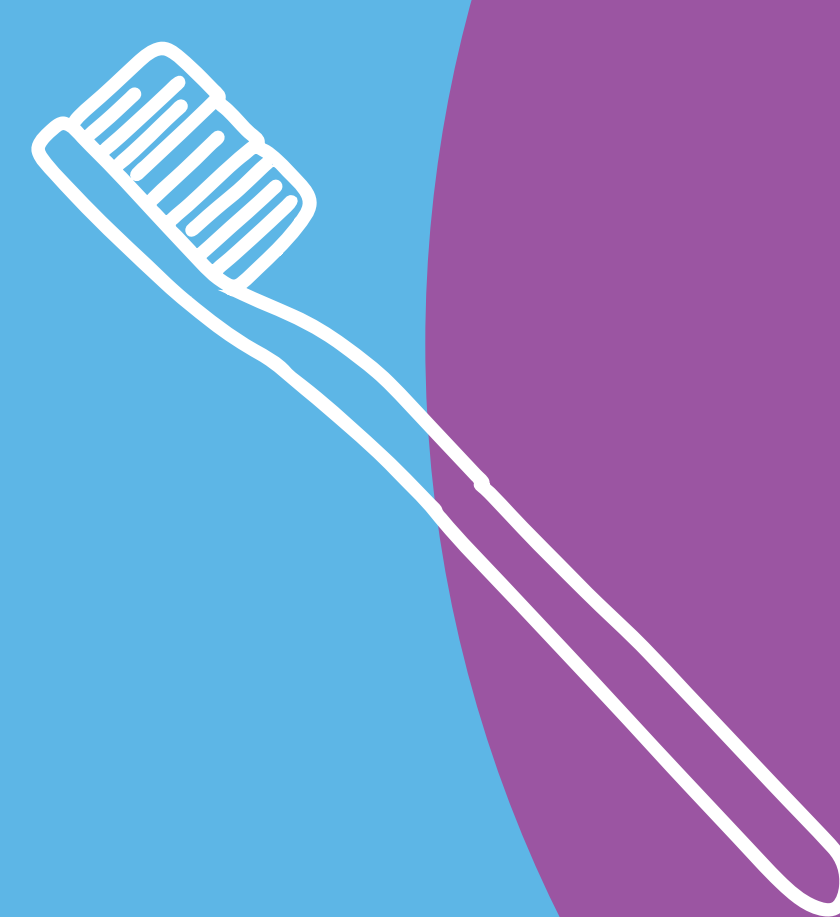
Birth to first tooth

Clean gums with a soft damp cloth.

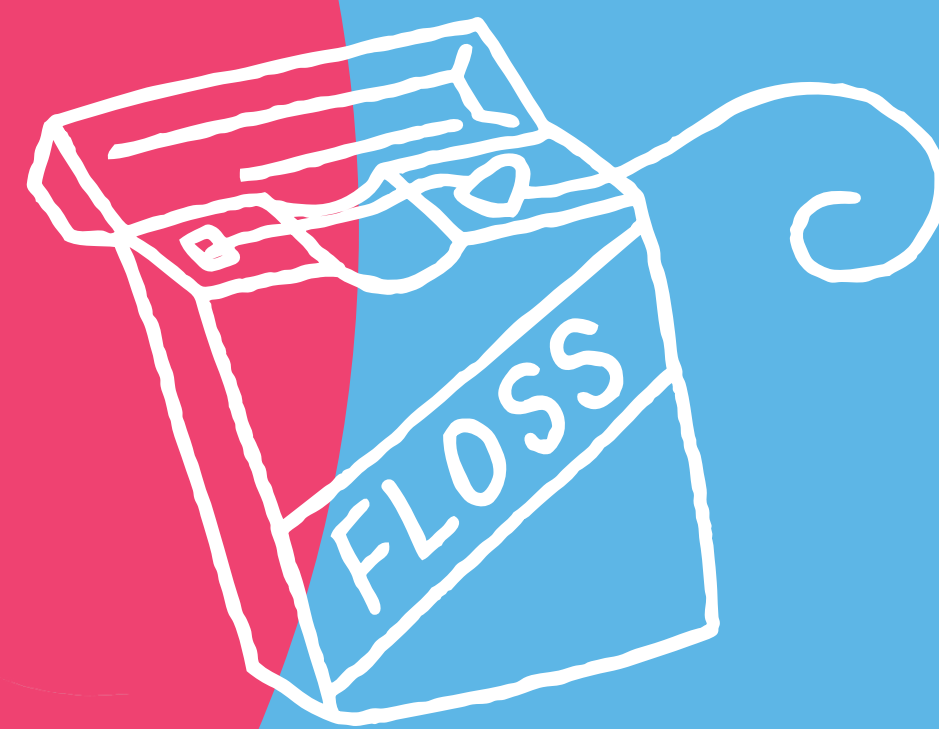
First tooth

First tooth to 18 months

Brush twice daily and take children for their first dental visit.



18 months



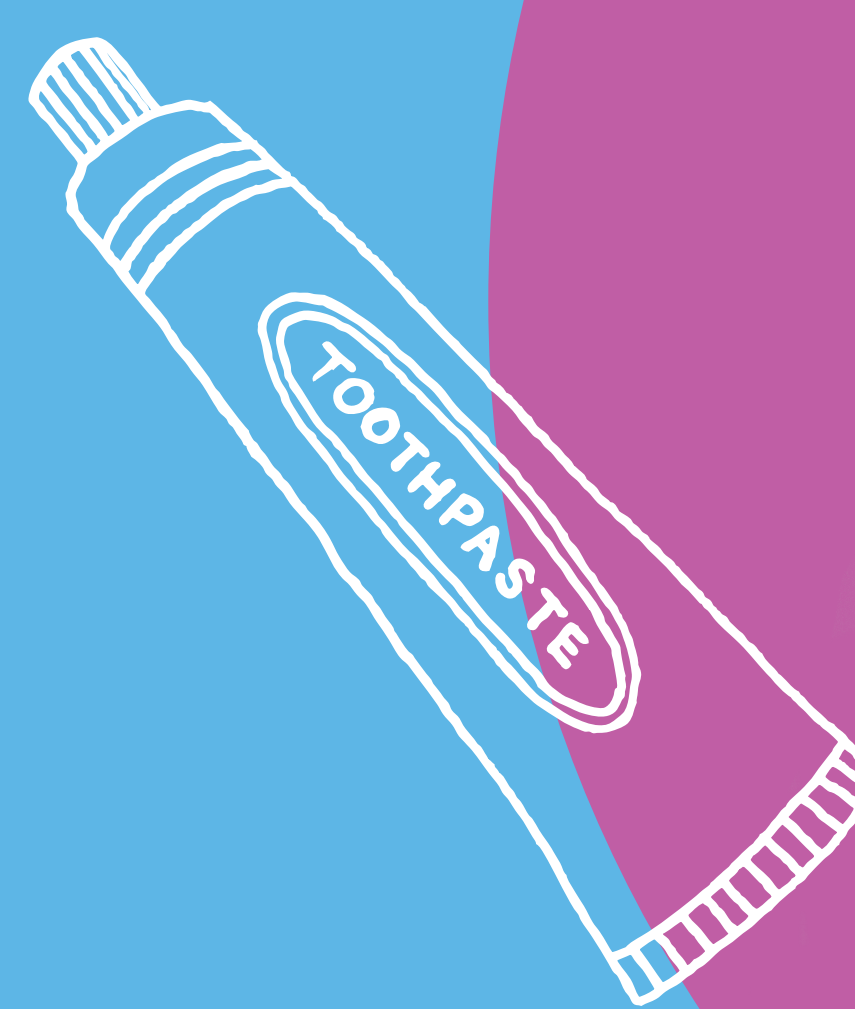
18 months to 6 years

Brush with kids' fluoride toothpaste and floss between teeth that touch. Have regular dental visits.

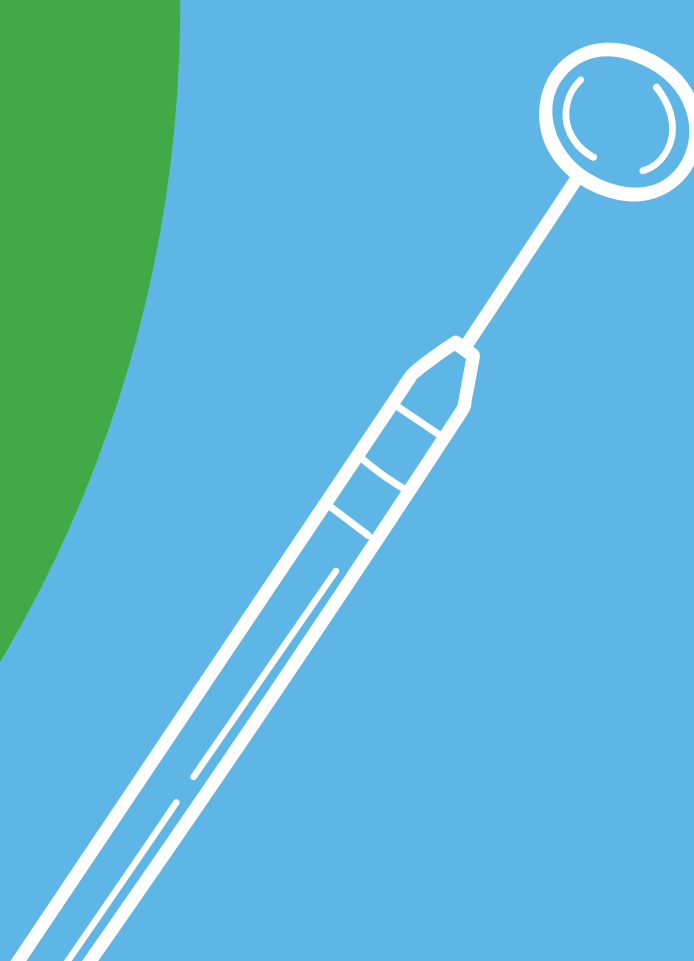
6 years

From 6 years old

Use adult fluoride toothpaste. Have regular dental visits.



8 years



From 8 years old

Support children to brush and floss on their own. Have regular dental visits.



For more information visit
dentalhealthweek.org.au

4-10 AUG 2025

**DENTAL
HEALTH
WEEK** 

 **Teeth**
.org.au

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